

“My coach at Futures helped me work on my CV, do some volunteering and getting work experience at B&M. I’ve also had help getting into training. I am currently at Inspire, I have done more work tasters and I am working on getting better qualifications. It’s been helpful to get more things to put on my CV to help me get a job and interact with more people. I am more confident and more optimistic about my future now.”

AK



“Some of the people that have come to us have been very nervous and at times lacking confidence but it has been extraordinary to see their progression from day one to the end of the programme. The support from Futures has been wonderful and all of our staff have also been very supportive in making sure that this is a positive experience for anyone who joins us. We have had the opportunity to provide a real life, day to day experience of the work place to someone who in most cases has had no experience at all and to see them come back every day to keep on learning and building on their skills is fantastic.”

Rachel Aalam – Store Manager (Bulwell)



SEND Support to Work

Are you a young person with a Special Educational Need or Disability who is looking for work?

Futures for You will work with you and local employers to help you become work-ready and to find jobs with your employment needs in mind.

Criteria:

- ◆ City resident aged 16-29
- ◆ Not in Education, Employment or Training/ or you can be accessing a Supported Internship Course
- ◆ Has a Special Educational Need or Disability*

What will Futures do?

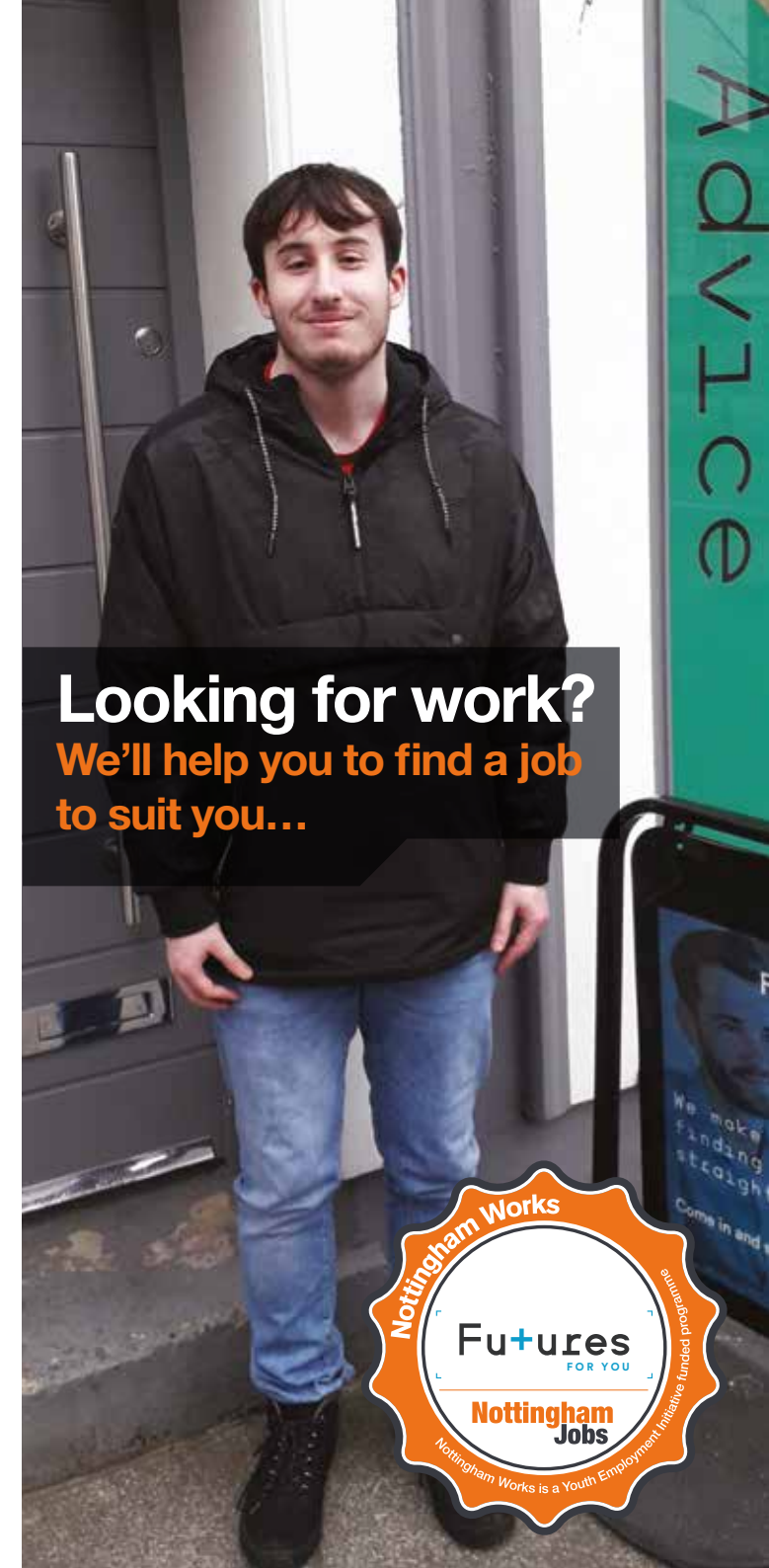
- ◆ Work with you, at your pace, to identify skills, strengths and help to remove any barriers to work

Referrals can be made to:

- ◆ IntensiveSupport.Referrals@futuresforyou.com
- ◆ hello@futuresforyou.com
- ◆ 0800 858 520

Please provide your name, contact details and a bit about how you meet our criteria and we’ll be in touch to start working with you.

*this can include but is not exclusive to having a current or ceased EHC Plan



“Futures helped me find work at Asda where I met friendly people. It was a kind and polite, supportive role and I also learned

new skills like scanning, picking and packing. Futures helped me with CV and application, with interview questions and took me to the location so I could find my way to the interview. I’ve developed face to face communication skills, I would recommend Futures, my coach helped a lot.”

Sajeel Mohammed



Jake lives in Basford, he is volunteering two hours a week at Barnado's.

The things Jake requested from a placement were that it was a volunteer post in the retail sector, that the placement was local (Jake can walk as it is just on the corner of his road) and that it was part-time hours to fit around his college commitments.

When I asked Jake what he liked about working he said: "It is fun and I enjoy working with the staff and being part of the team".



"I had a job in a factory when I left school and they said I was slow at completing tasks, which wasn't nice, but working with my Futures coach at Futures was different. She helped me to do job searches, improve my interview skills, work out how to get to places, plan routes, do research and use job websites. I also did three weeks work experience at B&M and after that I had a job interview and had positive feedback, but then I gained paid work somewhere else.

"I'm now cleaning for the City Council at The Nottingham Academy, I have been doing this for about six weeks now. I am enjoying it because it earns me money and gets me out the house but I'm also meeting new people, building my confidence and learning new skills."

Joseph



"Work experience has really helped me with my anxiety. Talking to people has made it better. I now feel more confident and happy about my future. I would recommend work experience to everyone."

Kira, 18 from Bestwood works in the Bestop kitchen.

"My Futures coach helped me looking for jobs, I now know the websites to look on and look at my alerts; I always check my emails now. I've done some volunteering with the Canal Boat project – cleaning and maintaining the boats and I gained knowledge of how to clean the boat and got to drive it. I've done a two-week placement at B&M Bargains doing warehouse work, packing carts and shelf stacking, it's helped me meet new people and I made a friend so I am more confident now.

"Futures put me in touch with CT Skills where I completed a manual handling awareness course and gained a certificate. Work is important to me to have more of a social life, to get money, to learn more skills and use my skills from previous work experience. It's been useful working with my Futures coach to help me find a job. I'm applying for jobs and have more idea of what I want to do now."

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